

# CORE SKILLS

## Level 1

Straight Jump & Tuck Jump  
180 Spin Both Ways  
Seat Drop

## Level 2

Kosack / Straddle Jump  
Forwards Roll  
Hands & Knees

## Level 3

180 Spins w/ 3 Body Shapes  
Hands & Knees "Donkey Kick"  
Front Drop

## Level 4

Shifty Jump  
Lincoln Set  
Back Drop

## Level 5

"Aeroplane" 180 to Back Drop  
Backwards Roll  
Swivel Hips 180

## Level 6

"Aeroplane" 180 to Front Drop  
Baby Crash Dive  
360 Spin Both Ways

## Level 7

360 Spins w/ 3 Body Shapes  
Crash Dive  
Turntable 180

## Level 8

Misty Set  
Roller 360  
Back to Front Drop

## Level 9

540 Spin Both Ways  
Baby Flip  
Front to Back Drop

## Level 10

360 to Back Drop  
Frontflip  
Cradle 180

## Level 11

540 Spins w/ 3 Body Shapes  
Back Pullover  
Cat Twist 360

## Level 12

Cork Set  
Backflip  
Cruise 180

# SKIER

## Level 13

Back Layout  
Four Tweaked Grabs  
All Four 360's

## Level 14

Superman Frontflip  
All Four 540's  
Lincoln / Sideflip

## Level 15

Underflip  
Other Way Lincoln / Sideflip  
Misty 540

## Level 16

Switch Cork 540  
Other Way Underflip  
All Four grabbed 540's

## Level 17

Flat / Rodeo 540  
All Four 720's  
Other Way Misty 540

## Level 18

Cork 720  
Other Way Switch Cork 540  
Misty 720

## Level 19

Cork 540  
Other Way Cork 720  
Flatspin 360

## Level 20

Cork 900  
Other Way Flat / Rodeo 540  
Other Way Misty 720

## Level 21

Switch Cork 720  
Other Way Cork 540

## Level 22

Other Way Switch Cork 720  
'MEDIUM LINE RUN'  
Other Way Cork 900

## Level 23

Double Backflip  
Shifty Grab Misty 540

## Level 24

Double Frontflip  
Misty 900  
Shifty Grab Switch Cork 720

## Level 25

Bio 720  
Cork 360

## Level 26

Cork 1080  
Switch Cork 900  
Other Way Cork 360

## Level 27

Double Misty/Sw Cork 900  
Bio 900

## Level 28

Double Layout  
Double Cork 900  
Other Way Switch Cork 900

## Level 29

Double Cork 1080  
Bio 1080

## Level 30

Double Flatspin 900  
Superman Double Frontflip

## Level 31

Double Misty/Sw Cork 1080  
Double Flatspin 720  
Other Way Cork 1080

## Level 32

Double Cork 1260  
'BIG LINE RUN'  
Other Way Double Cork 1080

# SNOWBOARDER

## Level 13

Stance Awareness  
All Four 360's  
Back Layout

## Level 14

Wildcat or Tamedog  
All Four 540's  
Four Tweaked Grabs

## Level 15

Wildcat & Tamedog  
FS Underflip 540  
BS & FS 720's

## Level 16

Superman Frontflip  
BS Rodeo 540  
Cab & Switch BS 720's

## Level 17

Cab Underflip 540  
BS or FS Cork 540

## Level 18

FS Rodeo 540  
BS & FS Cork 540

## Level 19

Underflip 720  
Tweaked Grab Rodeo 540  
Cab or Switch BS Cork 540

## Level 20

BS Rodeo 720  
Tweaked Grab Cork 540  
Cab & Switch BS Cork 540

## Level 21

BS & FS 900's  
BS or FS Cork 720

## Level 22

"MEDIUM LINE RUN"  
Cab & Switch BS 900's  
BS & FS Cork 720

## Level 23

Double Backflip  
Cab or Switch BS Cork 720

## Level 24

Double Frontflip  
BS or FS Cork 900

## Level 25

Double Wildcat or Tamedog  
Tweaked Grab Cork 720  
FS Rodeo 720

## Level 26

Double Underflip 900  
BS or FS Cork 360

## Level 27

Double Rodeo 900  
Cab & Switch BS Cork 900  
BS & FS Cork 360

## Level 28

Cab Double Underflip  
Cab & Switch BS Cork 900

## Level 29

Double Layout  
BS or FS Double Cork 1080  
BS or FS Cork 1080

## Level 30

Cab or Switch BS Cork 360  
BS or FS Double Cork 720  
BS & FS Cork 1080

## Level 31

Double Underflip 1080  
BS & FS Double Cork 1080

## Level 32

"BIG LINE RUN"  
BS or FS Double Cork 1260  
BS & FS Double Cork 720

# FLIPPER

## Level 13

Lightning Twist  
Back Layout  
720 Spin

## Level 14

Beach Ball  
Front Layout  
Turtletable 180

## Level 15

Kaboom  
Barani  
Back Half

## Level 16

Backflip to Stomach  
Zach  
Ballout

## Level 17

Kaboom Half  
Cody  
Frontflip to Stomach

## Level 18

Zach Half  
Front Full  
Kaboom Flatspin

## Level 19

Cody Half  
Back Full  
Double Lightning Twist

## Level 20

Kaboom Full  
Rudy  
Turtletable 360

## Level 21

Zach Full  
Back 540  
Ballout Barani

## Level 22

Ballout Full  
Double Front Flip  
Cruise 360

## Level 23

Cody Full  
Double Back Flip  
Front Double Full

## Level 24

Back Double Full  
Triple Lightning Twist  
Turtletable 540

## Level 25

Double Kaboom  
Ballout Rudy  
Front Half In

## Level 26

Back Full In  
Front Half Out (Fliffus)

## Level 27

Double Ballout  
Back / Kaboom Half Out  
Randy

## Level 28

Back / Kaboom Full Out  
Zach Rudy  
Turtletable 720

## Level 29

Front Half - Full Out  
Quad Lightning Twist  
Double Cody

## Level 30

Back / Kaboom Full Half Out  
Cody Double Full  
Ballout Half Out (Fliffus)

## Level 31

Cody Full In  
Back / Kaboom Full Full

## Level 32

Any Triple Flip  
Any Triple Full  
Toilet Bowl